Bidsunner Holistic Expo Program

Saturday, 8 July 10 a.m. - 6 p.m.



Sunday, 9 July 11 a.m. - 5 p.m.

Free

\$5 Admission (per day) Lancaster Farm & Home Center 1383 Arcadia Rd., Lancaster, PA 17601

Hosted by

THERAPEUTIC

AAGAZINE

Parking!

EXPO HOURS

Saturday, 8 July 10 a.m. -6 p.m.

Sunday, 9 July 11 a.m. - 5 p.m.

The first 200 people will receive a free Grab Bag!

LOCATION

Lancaster Farm & Home Center 1383 Arcadia Rd. Lancaster, PA 17601

PARKING

Free parking is available on site.

ADMISSION

\$ 5 each day Free admission to all military, law enforcement, and first responders (with ID)

KEYNOTE

\$5 at door

EXPO CONTACT INFORMATION

info@therapeuticthymes.com

This annual event is produced by Therapeutic Thymes Magazine. www.therapeuticthymes.com



KEYNOTE SPEAKER: EAGLE SKYFIRE

Connecting with Your Spirit Guides. In this interactive workshop Eagle Skyfire teaches you how to do that and how to properly interact with the spirit beings that are helping you. Safety, ethics, and discernment will be touched on as well.

> **KEYNOTE IS \$5** (not included in admission)



Special thanks to the York County Young Marines for their services this weekend.

For information, call Dominic Roche (717)316-0188 or visit *youngmarines.org*



PLEASE NOTE: DUE TO INSURANCE REGULATIONS, NO PETS ARE PERMITTED AT THE EXPO, EXCEPT FOR SERVICE ANIMALS AS REQUIRED BY FEDERAL LAW. THE USE OF THESE FACILITIES BY ANY BOOTH VENDOR DOES NOT INCESSARILY CONSTITUTE AN ENDORSEMENT OF EVERYTHING THEY SAY OR DO BY THE EVENT HOST. ALSO, NO SEER, READER, OR HEALER IS 100% ACCURATE. THE EXPO, AND ITS HOST, IS NOT RESPONSIBLE FOR ANY DAMAGE INCURRED, PHYSICAL AND/OR MENTAL, DUE TO PPERSON(S) FOLLOWING ANYONE'S ADVICE HERE.



WELCOME TO THE 3RD ANNUAL Midsummer Holistic Expo!

This expo is hosted by Therapeutic Thymes Magazine, a quarterly holistic magazine – available in print or digitally. We are dedicated to promoting a more natural, therapeutic, and sustainable way of life.

Thank you to all of our wonderful vendors, advertisers, volunteers, and of course our attendees.

A humble thank you to our Keynote Speaker - Eagle Skyfire. She is the author of "Journeying Between the Worlds: Walking with the Sacred Spirits Through Native American Shamanic Teachings & Practices". She offers many services both in-person and virtually such as Traditional Native American readings in addition to teaching classes on Native American shamanism.

Mark your calendar for next year's show. It will be Saturday, 13 July and Sunday, 14 July 2024.

Again, welcome and thank you.

Blessings!

~ Jeanne Ruczhak-Eckman, Mary Soanes & Staff *Therapeutic Thymes, LLC*



You don't attract what you want You will always attract what you are.

Reconnect to your soul's mission, reconnect to your passed loved ones, or place crystal energy in your sacred space for all things healing.

www.mooneir.com



Speaker Schedule

Talks listed below will be held in Room 113 inside.

There is an additional \$5 charge for the Keynote Speaker (Eagle Skyfire). All others are included with the general admission.



11 a.m.	Jan Helen McGee – Psychic
Noon	KEYNOTE – Eagle Skyfire
2 p.m.	Sabrina McQuarrie - Sabrina's Spells & Crystals
3 p.m.	Kathy Stillings, Heart Song Connection, LLC
4 p.m.	Kate Andrews - LifeWave Phototherapy Patches
5 p.m.	Roxanne Foura, QHHT

Sunday, July 9th

Noon	Sandy Soyke – 10 Most Important Crystals
1 p.m.	Lisa Benjamin Paris - Astromythic Astrology
2 p.m.	Amy Henderson – Black Walnut Botanical
3 p.m.	Tansy Rogers - beU Complete
4 p.m.	Lana Ryder – Soundwise



Jan Helen McGee

Ghosts & Spirits: An Easy 1, 2, 3 – Do your passed-on loved ones come to you in spirit? Find out how to draw them in, or how to kick disgruntled ghosts out. Never fear, spirits have been with us for a long time. janhelenmcgee.com

Eagle Skyfire, Keynote Speaker

Connecting with Your Spirit Guides. It is comforting to know that you have spirit guides to assist you in life. Conversely, it can be frustrating when you're not sure how to identify them or communicate with them. In this interactive workshop Eagle Skyfire teaches you how to do that and how to properly interact with the spirit beings that are helping you. Safety, ethics, and discernment will be touched on as well.

Sabrina McQuarrie, of Sabrina's Spells and Crystals

Join Sabrina for a workshop to teach beginners who are interested in spell work about crystals, herbs, and color magick. She will also teach how to grind herbs with intention, about different herbs and their properties, how herbs and crystals can be used together, and about different colors and their meanings.

Kathy Stillings, Heart Song Connection, LLC

Sound healing and the healing power of frequency.

Kate Andrews, of LifeWave Phototherapy Patches

Kate will speak on the technology behind phototherapy patches and stem cell activation.

Roxanne Foura, QHHT

Roxanne will speak on "The Law of Attraction" and manifestation.

Sandy Bottoms, of Sandy Bottoms Crystal Creations

Sandy will speak Sunday morning on the 10 most important crystals to start your collection with!

Lisa Paris, of Astromythic Astrology

Lisa will speak on Reincarnation: Evidence and Implications – a survey of the evidence for reincarnation and an exploration of science theories, near-death experiences, healing modalities and case studies that support multiple simultaneous experiences for the soul.

Amy Henderson, with Black Walnut Botanical Conference

Amy will speak on Remedies of the Rose.

Tansy Rodgers, beU Complete

"Managing Energy Vampires For Optimal Health & Happiness" - You encounter and are impacted by energy vampires each and every day. To create optimal health, balancing your energetic body and learning how to manage how you interact with the world around you is key. Through simple visualizations, body movements, nutritional choices, and many other tools, you can learn how to protect yourself from energy vampires and boost your health and happiness at the same time. In this interactive lecture, you will learn what kind of energy vampires are lurking all around you as well as tips and techniques to bring harmony and energetic balance. By consciously merging mind, body, and spirit, you can create a life full of vibrant, long-lasting health and wellbeing that is abundant with joy for a lifetime.

Lana Ryder, Soundwise Health Associates

"Vocal Sound Healing – Anyone Can Do It". Lana Ryder will speak on using your voice for healing with the frame drum, Himalayan bowl, or by itself.



Native American Readings Spiritual Teacher Understanding Past Lives Private Mentoring

Booth #28





There are vendors outside and inside. Inside vendors are in the lobby, the auditorium, and the multipurpose room.

A Little R & R

Trish and Karin will be providing reflexology treatments, oil of Olae will also be available for sale. (Inside -2)

Alpha Hemp Solutions

Alpha Hemp Solutions offers a variety of all-natural hemp and CBD infused products mainly focusing on skin care and pain relief. Specifically, hempseed lotion, CBD lotion, CBD tinctures, Pet CBD Tinctures, and Muscle Repair Lotion. AlphaHempSolutions.com (Outside – D)

Angel Touch Aromatherapy

Essential. oils. doTerra® and Young Living™ oils. facebook.com/ Angelstoucharomatherapy (Inside – 16)

Aquarian Rebel

Intuitive introspective Reiki is an interactive form of energy healing designed to help support the mental and psychological energy bodies. This divinely guided modality leads you inward to help give direction and clarity. aquarianrebel.com (Outside – V)

Ascension Energy Healing

Gloria De Pietro will have available her book "A Soul's Journey". She will offer Akashic record readings to find your life's purpose to remove and heal anything that is holding you back from fulfilling your mission. pastliferegressionny.com (Outside – N)

Aspire Bliss Health & Wellness Coaching

Health coaching / giveaway. Alexas will also offer mini 10–15-minute



Thai Hand Reflexology sessions. aspireblisscoaching.com (Inside 9)

Astromythic Astrology

Lisa Benjamin-Paris offers astrological readings. (Inside 7)

beU Complete

Tansy Rodgers is an energy healer & energetic nutrition and holistic health practitioner, specializing in stressed out women wanting to avoid burnout. She focuses on helping women shift and balance their energetic body, so they balance out their own unique health obstacles. Her focus is that "energy is everything" and uses different modalities to bring balance to the chakras and the physical body. At her booth, she will be displaying

Hanover, PA

her therapeutic crystal jewelry that helps bridge the gap in your healing journey. Her artisan jewelry is infused with numerology, geometry, high-grade genuine crystals, and infused with reiki energy. Metal materials consist of sterling silver, stainless steel, or non-tarnish copper. Tansy has been practicing as a Functional Nutritional Therapy Practitioner, Crystal Reiki Practitioner, Physical Therapist Assistant, Crystal & Chakra Healer, Health and Lifestyle Coach, Personal Trainer, Group Fitness Instructor, podcaster (The Energy Fix Podcast), and speaker for 15+ years. Special expo offers will be available! She will also speak Sunday on "Managing Energy Vampires". tansyrodgers.com (Inside 31)

Sacred Moon Circle Apothecary thecar

Intuitive Reiki, Energy Balancing Massage, Tarot Readings, Relax and Reset Massage, classes, groups, and a fully stocked metaphysical shoppe.

Our shoppe has a carefully curated selection of crystals, books, decks, altar items, jewelery, incense, candles, clothing and our Witchy Intentions™ line of products for those who practice the craft, all avaiable online.

Your local full-service Metaphysical destination! Hanover, PA

sacredmooncircle.com

Black Walnut Botanical Conference

Herbal elixirs, dream pillows, handcrafted herbal teas, goldenmilk, electuary, and information about the Black Walnut Botanical Conference held annually in neighboring Chester County. blackwalnutbotanical.com Amy Henderson will also speak Sunday about the Remedies of the Rose! (Lobby)

Blue Moon Herbals & Aromatics

Health, spirit and beauty products using pure essential oils, herbs, and crystals. Extensive line of aromatic jewelry. bluemoonherbals.com (Inside – 27)

Books-A-Million

Books on mind, body, and spirit. A selection of tarot cards and general merchandise, like astrology themed bookmarks, face masks, and crystals. Stop in locally at the Park City Mall off of Harrisburg Pike. BAMM.com (Inside – 5)

Bullhead Botanics

Bullhead Botanics is a family run business (operating in Dunmore, PA), that manufactures a line of cannabinoid products using cannabis extracts from GMP verified suppliers. Our products meet the federal requirements for hemp products, containing less than 0.3% THC. We offer topicals such as face cream, eye and wrinkle serum, pain cream as well as several chewable tablets and mints aimed at a variety of differing customers and lifestyles. bullheadbotanics.com (Outside – M)

Buddha's Bling

Reiki infused jewelry and crystals. Michelle Mosier wraps, handpicks, and reiki infuses each piece. Michelle will also explain each stone, where they come from, and their properties. buddhasbling.com. (Inside – 35)

Butterfly Nova

Crystals, tumbles, spheres, towels, carvings, resin carvings, and holders. Jewelry, reiki jewelry, reiki hand made candles, tapestries, and dream catchers. butterflynova.com (Outside – O)

Carlisle Bowen Works

Carlisle Body Works is an award winning, locally owned, health and wellness center that offers a variety of





ZOZA Midsummer bolistic Expo Hosted by Therapeutic Thymes Magazine

Saturday, 13 July Sunday, 14 July

Lancaster Farm & Home Center 1383 Arcadia Rd., Lancaster, PA 17601



Scan With Your Phone Camera to Add To Your Google Calendar

WANT TO BE A VENDOR, ADVERTISER, OR SPONSOR? SEND US AN EMAIL AT INFO@THERAPEUTICTHYMES.COM integrative techniques and alternative body modalities. Services offered include Bowen Therapy, craniosacral therapy, Alexander Technique, Access Bars, Psych-k, Reiki, and many more. carlislebowenworkpa.com (Outside – I)

Catoctin Hemp

They sell all natural, locally grown, CBD products. Family owned and operated. Their CBD is made seed to shelf by them and is the most potent and affordable CBD on the market. catoctinhemp.shop (Inside – Multi-Purpose Room - 50)

Clairvoyant Christine Psychic Readings

Christine Mitchell will offer psychic readings, tarot card readings, chakra balancing, full life readings, and palm readings. clairvoyantchristine.com (Inside – Multi Purpose Room – 47)

Eagle Skyfire

Eagle Skyfire offers traditional Native American Readings. She will also have copies of her books available. Like most readers, she will have a sign-up sheet at her table. Be sure to reserve your spot early. We are humbled to announce that she is also the KEYNOTE SPEAKER at noon on Saturday. eagleskyfire.com (Inside – 28)

Earth to Soul

Crystal healing. Crystal dreaming. Sound therapy. Succulents and air plants. Will have plants and crystals for sale and offer demo of crystal healing and crystal dreaming. Demos



are short express versions for expo purposes. Will offer crystal grids. earth2soulcrystal.com. (Outside – R)

Enlightened Soul Service

Isayel Vojtasek offers soul communication channeled readings and accessing Akashic records. Soul healing and soul song with orum via energy and sound transmission to empower health, relationships, finance, prevent sickness, and more. (Outside – B)

Erin Rebecca Jewelry, LLC

Wire wrapped gemstone and crystal jewelry. Pendants, earrings, rings. Hand knotted Mala necklaces. erinrebeccajewelry.com (Inside – 24)

Evalyne's Garden Gate

Tarot readings. evalynesgardengate.com (Inside – 37)

Five Star Home Foods

Home delivery service. Food free from additives and hormones. Free delivery. Convenient. Discounts. Food replacement. Can earn free food. High quality natural meats, fish, vegetables, etc. fivestarhomefoods.com (Inside – Multi Purpose Room – 52)

Georgette and the Moon

Georgette and the Moon offers quality

hand selected, mindfully sourced crystals, and mineral specimens. georgetteandthemoon.square.site (Inside – 19).

Good Time Health

Free samples of fully brew able and fully dosed mushroom coffee and tea. Always a Good Time. We include Lions Mane, Reishi, and Cordyceps in all of our products to allow a vast wealth of health benefits to our consumers. goodtimehealth.com (Outside - C)

Green Aventurine Reiki Healing

High frequency quantum reiki healing including products that channel ancient Egyptian language and hieroglyphs. facebook.com/reikihw (Outside – K)

GS Designs

GS Designs offers handcrafted wire jewelry. If you are looking for a unique piece, check out Gina and her unique designs! twistedandbent.com (Inside – 32 & 33)

Hearing Natures Voices

Animal communication readings. A heart-to-heart conversation with your animal. hearingnaturesvoice.com (Outside L)

NINE WATERS GROUP HYPNOTHERAPY AND MORE DANA JEFFERSON, PH.D., C. HT., CAHA

9watersgroup@gmail.com 814.247.7300 phone and skype available 313 4th Street, Suite 4 Huntingdon, PA 16652

NINEWATERS.NET

Heart Song Connection, LLC

Metaphysical items, crystal card decks, smudging supplies, hand crafted pet charms, feather wands, and more. We are also sound healers. heartsongawareness.com (Outside – T)

Holistic Healing with Jess

Reflexology or Reiki session. healingwithjess.net. (Inside – 13)

I C Epoxy Creations

Mixed media of epoxy based items such as jolie décor divination boards, altar trays, and zen trays. icepoxycreations.com (Inside 20)

Jan Helen McGee

Psychic readings with problem solving. Palm Readings. She will also have her book, "Carriers of Genius: Conversations with the Mothers of Twelve Famous Men". Jan will also be speaking Saturday morning at 11 a.m. JanHelenMcGee.com (Inside 8)

JSL Crystals Rock

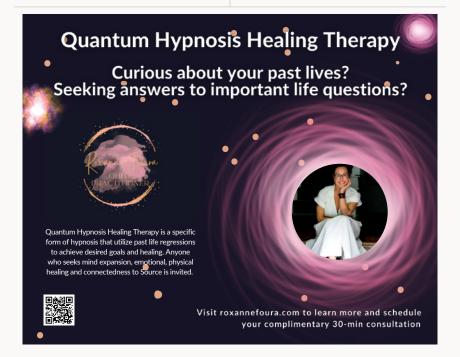
Polished and raw crystals. Different materials, shapes, sizes. Spheres. Towers. Points. Carving animals. Folklore. Mythological goddesses. Skulls. Accessories available for all types of display. Crystal jewelry. Rare raw specimens. JSLcrystalsrock.com (Inside – 18)

Journeying for A Path

Tarot card readings, pendulum energy healing, symbol work, reiki, angel readings, and chakra balance. journeyingforapath.com (Outside – M)

Kathryn Landis, Energy Practitioner

Your human energy field is intimately associated with your health emotionally/physically/spiritually. For this healing you will be lying on your back on a massage table. A diagnostic tool is used, pre and





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post-healing, to measure the flow of energy of your seven main chakras/ portals. Imbalances within your field are detected intuitively and kinesthetically. These imbalances are then gently and lovingly cleared from your system and, as a result, you may experience an elimination or decrease in pain, feel emotionally balanced, feel balanced overall, feel calm, relaxed, more focused, and much, much more. Symbols or messages may come through during a healing. kathrynlandis.com (Inside – 11)

Lauri Sophia Rose

Akashic/Soul Alchemy Sessions: by accessing your Akashic Records and connecting with your soul's guides (Archangels, Ascended Masters and other Beings of the Light), you will be blanketed in loving energy. Lauri will support you in moving forward on the ascension path and to experience yourself as the Divine being that you are. Sessions are a blend of channeled messages and healing energy and may include guided journeys to heal sacred emotional wounds, light language, sacred geometry, and activations. You are encouraged to record the session. TheHeartofSophia.com (Inside - 21)

LifeWave Photography Patches

Phototherapy patches can help relieve physical symptoms. getpatchedx39. com Kate Andrew will speak Saturday, at 4 p.m. on technology behind the patches. (Inside – 14)

Lori Sweet Studios

The Art of Spirit and Matter. Creating art for the sacred places in your heart and home. Paintings are original and giclee reproductions. Note cards. Clay sculptures. LoriSweetStudios.com (Inside – 50)

Loving Imprints

Crystal creations, dream catchers, incense holders, smudge bundles, crystal wrapped air planters, crystal jewelry, wooden crystal grids, selenite lamps, metal stamped jewelry and accessories, reiki and crystal healing. facebook.com/lovingimprints.biz (Outside – U)

Nature's Gems

925 sterling silver jewelry with precious and semi-precious gemstones made in India and Indonesia. (Inside – 51)

Connect to the Spirit World with Psychic Medium Jim Byers.

Providing guidance & messages. And a FREE energy stone with every reading...

Learn more about Jim at spiritualservicesllc.com.



New Age

Margaret Loiacono offers natural health supplements, superfruit beverages, and luxurious natural skincare.

newage.com/z110525 (Inside – 15)

New Earth Essentials

New Earth Essentials provides a variety of handcrafted crystal & Reiki infused aromatherapy products as well as a variety of Reiki infused minerals & crystals. newearthessentialsllc.com (Inside – 6)

Norwex

Norwex offers cleaning and personal care products that are chemical free and sustainable and help create healthier homes by just using water! lindsayharrower.norwex.biz (Outside – J)

Now & Zen Reiki

Hands off reiki energy work (Outside Q)

Once In A Purple Moon

Once in a Purple Moon is a small family owned and operated metaphysical store focused on bringing you quality materials from around the world. We sell a variety of crystals and minerals (towers, spheres, carvings, tumbles, raw specimen) along with crystal bracelets and rings. We have some metaphysical items such as cauldrons, black salt,



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Contact Information (717) 884-8785 - text or call! stardustandlovellc@gmail.com candles, rune carvings, tarot cards, and wall hangings. Once in a Purple Moon also carries handmade items such as car decals, and keychains. They now carry wall hangings, different statues, deity statues, Nen Thomas fairy art, and dragon statues. onceinapurplemooncrystals.com (Outside Space A)

Phoenix Rising Apothecary

Herbs, Tea, Tinctures, Incense, Smoking Blends, Glycerites, Natural Bath Salts, Bath Soaks, Gnomes, Natural Pet Products, Metaphysical Items. phoenixrisingapothecary.com. (Outside Space H)

Psychic Medium Jim Byers

Psychic medium readings for guidance and insight as well as messages from the spirit world. spiritualservicesllc. com (Inside – Multi Purpose Room 49)

Raine Dawn Valentine, Artist with Creative Balance

Intuitive henna readings and prints of original artwork. rainedawn93.com (Inside – 10)

Roberta's Gems

A curated collection of high vibrational crystals, rocks, and minerals, locally mined and from around the world. These specimens are carefully chosen for their beauty, aliveness, and healing properties. robertasherbs.com (Inside – 30)

Roxanne Foura, QHHT

Quantum Hypnosis Healing Therapist. Roxanne is one of 47 registered with the Commonwealth of PA. Special form of hypnotherapy utilizing past lives, future lives, or dimensional regressions to offer insight and correction to life issues. Roxanne will also speak on "The Law of Attraction" Saturday afternoon. roxannefoura.com (Inside – 12)

Saba Health & Wellness

Saba Health & Wellness offers a wide range of natural health and wellness products. They have smart coffee and creamer, weight loss and energy products, various inner health products for gut health and immune system, as well as a natural skin care line. believeyoucan.sabaforlife.com (Inside - 1)

Sabrina's Spells & Crystals

Sabrina will be selling ethically sourced and high grade crystals, homemade spell jars, organic herbs, and incense. All of her spell jars are made with intention, love, ethically sourced crystal ships and organic herbs. sabrinasspellsandcrystals.com (Inside – 26)

Sacred Moon Circle Apothecary

Metaphysical Boutique and Gift Shoppe in Hanover (York County). Soaps, Candles, Crystal and Stone Jewelry, Salves and Balms. Bringing the Witchy intention line of products! sacremoodcircle.com (Lobby)

Sandy Bottoms Crystal Creations

Books. Crystals. Crystal jewelry. Sandy will speak Sunday morning on the 10 most important crystals to start your collection with! ssandybottom.com. (Inside – Multi Purpose Room – 53).



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Self-Care with Stephanie

All natural soaps, lotions, skin care, and crystals. (Inside 36)

Solsprite Botanicals

Line of organic and locally sourced herbal remedies for self-care handcrafted in St. Peter's Village (Chester County), PA. etsy.com/shop/solspritebotanicals (Outside – F)

Something That's Yours

Nora Hess is the artist behind Something That's Yours. She offers artisan gemstone, crystal, stone, metal work, and jewelry, gemstone suncatchers, her personally designed display towers for her suncatchers and crystal designs. Themed Winged Keys divinly guided by dreams, visions, and intuition. Whatever the reason may be, her name describes it best ... If it speaks to your heart, it's meant to be "Something That's Yours." instagram. com/something_thats_yours (Inside – 22)

Soul Spark Heling & Guidance

Jill Jablonski offers coaching through astrology readings, tarot readings, and crystal reiki balancing sessions. SoulSparkHG.com. (Inside – 37)

Soundwise Health Associates

Sound healing sessions, seated or on table, using singing bowls, gongs, tuning forks, monochord, crystal pyramid and healing voice with frame drum. Certified Sound practitioners. soundwisehealth.com Lana Ryder will also be speaking Sunday afternoon on "Vocal Sound Healing – Anyone Can Do It" (Inside – 39 & 40)

Spickerman's Intuitive Threads

Hand painted scarves and tapestries, peace frogs, tarot bags, handcrafted Viking knit jewelry, crowns and wire works. Willow staffs. spickermansintuitive-threads.square.site (Inside – 34)

Stardust and Love, LLC

She manufactures and sells ritual tools for all of your spiritual needs. stardustand-love-llc.square.site (Outside – P)

Starlasue's Creations

Sue Purdy creates wire spirit trees, tree of life, gemstone jewelry, suncatchers, and other handmade gifts. Reiki infused. purdyreiki.com (Inside – 17)

Tarot is More Than Cards

Mary Mannix will offer four card readings and Celtic Cross tarot card readings. tarotismorethancards.com (Inside – 3)

The American Yoga Academy

The American Yoga Academy is a yoga teacher training school., training and certifying instructors for 30 years. Take our online certification courses and get started on your yoga journey today. They will be here Sunday only. **americanyogaacademy.com** (Outside – S)

The GEMeral Store

Rocks. Minerals. Unique Gifts. Specimens from around world. TheGEMeralStore.com (Lobby Inside)

The Heart of Sophia - (Inside - 21)

The Soul Shepherd

Psychic and mediumship reading sand empath counseling. Spiritual pottery and metaphysical products for sale. thesoulshepherd.com. (Inside – 4)

The Wolf and Raven

Rune oracle, Tarot readings, kundalini sekhem healing. We sell divination tools, hand crafted boxes, jewelry, wooden items, our natural beard oil, perfumes, colognes, and elixirs. facebook.com/profile. php?id=100088638330790 (Inside – 25)

Therapeutic Thymes Magazine

Therapeutic Thymes is a quarterly magazine dedicated to promoting a more natural, therapeutic, and sustainable way of life. We are all about getting back to the natural way of doing things. As host of this first Midsummer Holistic Expo, we welcome you and thank you for attending this weekend. therapeuticthymes.com (Lobby)

Twisted Amethyst

A wide variety of polished and carved crystals, natural mineral specimens, and handcrafted wire wrapped gemstone jewelry. facebook.com/groups/ twistedamethyst.

Unfold Your Wings

A beautiful blend of vibrational healing and medicine from Spirit. During your session the vibrations "massage or re-align" your energy into balance and harmony. When the medicine from Spirit is added to your session, it takes the healing experience to a deep soul



level. Your session is unique and catered to your needs according to Spirit. A Kirsten channels, she chooses the instruments, and plays them in specific ways over certain areas of your body that are directed straight from Spirit. unfoldyourwings.com

Vita Empower

Vita Empower is about cultivating and increasing life force energy. We want you to feel an abundance of energy, have the ability to work through challenges, and achieve your goals and dreams. We do this by consulting the Four Doctors in order to balance movement, diet, rest, and purpose. Stop by our booth to fill out a lifestyle questionnaire and receive a quick postural assessment to determine where we can bring balance into your life. vitaempower.com. (Inside – 38)

Wellington Metal & Gem

Sterling silver and gemstone jewelry. metalandgem.com (Outside – E)

Wicker Cottage Country Candle Co.

Candles, mason jars, dough bowls, beard balm, lip balm, chakra bracelet, oil set incense. wickercottagecandleco.com (Inside Multi-Purpose Room – 46)

Witches Brew

Handmade, vegan, cruelty-free bath & body products. Coffee scrubs, lotion bars, whipped body butter, wax melts, bath salts, perfume oils, chocolate face mask and tea baths, as well as spiritual supplies. Crystals, organic herbs, poppets, ritual bath soaks, anointing/ body oils, simmer pots, cleansing bundles, sabbat & intentional based candles, and aura spritzes. All bath & body products are paraben and phthalate free. witchesbrewscrub. weeblysite.com (Inside – 29)

Young Marines of York County (Outside)







Auntie Annes – SUNDAY ONLY Pretzels, pretzel nuggets, pretzel dogs, pretzel mini dogs, lemonade, coke products, and smoothies.

Classic Concessions Good Humor Ice Cream

Prepackaged frozen ice cream, novelties.

Italian Oven on Wheels

Pizza slices, handheld boli, turkey and cheese subs, ham and cheese subs, Italian subs, and cannoli.

Scherrie's World Café

Coffee, tea, and shakes in the lobby.

Softie Whirl Soft serve ice cream and popsicles.

WOW Foods

Gourmet burgers, fish tacos, shrimp tacos, chicken wrap, rib dippers, BBQ, brisket, lobster rolls, love boat, garlic parm, fries, fried pickles, funnel cake fries, and more!

WOW Lemonade Trailer Lemonades in four flavors.



P | 717.379.4404 holistichealingwithjess@gmail.com

www.healingwithjess.net FB: holistichealingwithjess IG: hhealingwithjess



THERAPEUTIC MAGAZINE

Therapeutic Thymes is a quarterly magazine dedicated to promoting a more natural, therapeutic, and sustainable way of life.

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